

### Proposed Universal and Targeted Services from April 2012

<b>Universal Services</b>	<b>Providers</b>
<b>Information and Advice</b> Web, telephone and face to face	Carers Centre, Alzheimer's Society, Patched, Access Point
<b>Support and peer groups</b>	
Coffee mornings/drop in support groups	Carers Centre
Stroke carers support group	Carers Centre
Dementia carers support group	Alzheimer's Society
Male carers support group	Carers Centre
<b>Health and wellbeing</b>	
Back Care Support Worker	Sussex Community Trust
Emotional Support	Carers Centre, Alzheimer's Society, Patched
Buddhist Centre Drop-ins	Brighton Buddhist Centre
Emergency Back Up Scheme	Brighton & Hove City Council
End of Life/Bereavement Support	Carers Centre
Carers Garden	Carers Centre
<b>Training courses</b>	
Positive Caring	Carers Centre
Dementia Information Programme	Alzheimer's Society
<b>Concessions</b> Carers Card	Carers Centre, Amaze
<b>Engagement</b> Carers Voice	Carers Centre

<b>Targeted Services</b>	<b>Providers</b>
Buddhist Centre day retreats	Brighton Buddhist Centre
Educative Group	Patched
Advocacy	Carers Centre
Counselling	Patched
Self Directed Support	any
Young carers - needs assessments, casework, activities, group work	Carers Centre

